

George's Goats for Grammas Memorial Run/Walk

5 mi. – 5 km. – 2 km.

10 A.M. Saturday, April 30, 2022

Gold Level Sponsors

Roger & Sue Rockenbach
Beehive Botanical

Marine General

Silver Level Sponsors

Stone Lake Wesleyan Church
Hayward Wesleyan Church
North Star Boys Camp
McKinney Realty

Spider Lake Church
Cable UCC Church
Grace Lutheran Church
Hayward Community Credit Union

Bronze Level Sponsors

Redbery Books
Cable Chiropractic Clinic
Affordable Septic

Brand & Design Co
Kris Rasmussen Logging LLC
Living Hope Community Church

Location: Start/Finish behind the Old Cable School on 1st Street

Course: 5 mile, 5km, and 2km courses, 1 aid station on the 5-mile & 5km courses
Some road, railroad grade, and a little trail. 2km all road. Rain or Shine

Timing: Tortoise & Hare Race Management {All 5mi. and 5km runners and walkers will be timed}

Race day registration and bib pickup at the parking area behind the Old Cable School from 8 to 9:30 AM. COVID Reminder; stay home if ill.

Race Director: Jim Anderson 715-798-3065 email: djanderson@cheqnet.net

Online Registration: [George's Goats Runreg.com](http://georgesgoatsrunreg.com)

Purpose: 100% of participants' entry fees go to support 3 of the orphan boys at New Life Community Center in Kisii, Kenya <http://nlccorphans.org/>

The proceeds go directly to Kenya, no government interference.

In past years you helped the Gambians with teacher housing and tree protection where deforestation is a real problem.

Past George's Goats have also helped provide 2000 goats, seed, food, blankets, shirts, gristmill, 5 water wells in Zambia, and 1 water holding tank in Uganda.

George's Goats for Grammas Memorial Run/Walk
10 AM April 30, 2022
Old Cable School, Cable, WI

Name _____

Address _____

City/State/Zip _____

Phone _____

(in case of questions about your registration)

Email _____

Sex: M F (circle one)

Age on race day _____

Check one: 5 mile Run 5 Km Run/Walk 2Km Run/Walk

T-Shirt Size (circle one) S M L XL 2XL

Registration fee: \$25, before April 29, (100% goes to Africa) First 100 paid entries get a t-shirt. Make checks out to: Namakagon Community Foundation (NCF).

Race day registration \$30, from 8AM to 9:30AM

Kids 11 and under are free in the 2Km. They receive a completion ribbon.

Awards: Top male and female in both 5 mile and 5 km

Age Groups (11 & under, 12-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+)

5-Mile and 5km, 1st medal, 2nd and 3rd ribbons

2km- ribbons to all finishers

Waiver: I hereby release , Town of Cable, NCF, the sponsors organizers, landowners, and any persons officially connected with the event from liability for any injury, death, or damages. I am physically fit and have sufficiently trained for this run/walk. I permit organizers of this event to use photographic images taken of me during the event for promotional purposes. I have read the above and understand the terms.

Signature of participant, Date
(if participant is under 18, parent or guardian should sign)

Mail entry to: Jim Anderson
42055 Cable Sunset Rd
Cable, WI 54821

Questions: Jim Anderson 715-798-3065 email: djanderson@cheqnet.net